

Course, Retreat or Speech Title:

Learning to Lead

Length:

1 – 15 hours

Objectives:

- Consider multiple definitions of leadership
- Create a personal leadership development plan
- Provide opportunities to work on leadership development through several activities and analyze efforts

Content Summary:

- Learn to understand yourself (may include time to take Myers Briggs and general overview depending on group's familiarity with the concepts)
- Focus on understanding others
- Discover the relationship between values and leadership
- Understand the role of power
- Improve morale
- Learn to develop important relationships
- Improve your communication skills – listening, writing and public speaking
- Learn coaching and development skills
- Transform conflict
- Conduct more effective meetings
- Learn new approaches to performance evaluations
- Develop outstanding interview skills
- Learn key lessons from Buckingham and Coffman
 - Buckingham, Marcus, and Curt Coffman. *First, Break All the Rules: What the World's Greatest Managers Do Differently*. New York: Simon & Schuster, 1999.
- Learn key lessons from Max De Pree
 - De Pree, Max. *Leadership is An Art*. New York: Doubleday, 1989.